

BUSINESSWOMAN

The Post-Modern Tupperware Party

Come to Your Senses Events, a Bay area special event company, puts a modern day twist on the time-honored female tradition of women getting together to relax and spend time with one another.

"So many women I know indulge themselves once in a blue moon," says the company's founder, Sondra Freundlich-Hall. She is committed to changing that. "We all say we want to take a break from the stress of

Event, girls' night out becomes the ultimate girl's night in, "where all of you can have your feet massaged, your tarot cards read, and your skin pampered in the privacy of your own home. Whatever it is you want to acknowledge — a wedding, a new baby, or a milestone birthday — Come to Your Senses creates the setting and gathers together the unique combination of services and specialty products."

In addition to indulgent ser-

"...after a great foot soak and massage it's fun to try on necklaces and bracelets with your friends."

our full calendars, but few of us follow through."

Freundlich-Hall, a seasoned event planner with 18 years in the field, designed Come to Your Senses Events as a one-stop shopping service. "All the hostess has to do is tell us what she thinks will make her friends grin from ear to ear, what will unfurrow their brows and we take it from there. We suggest a list of vendors that can provide services and products in keeping with their wishes, and together with her, design a unique event that celebrates the senses."

At a Come to Your Senses

Event, a Come to Your Senses party features specialty products made by local, women-owned businesses. "Our aim is to support the women-owned businesses in the community. If a hostess knows her friends go crazy for beaded jewelry, I can invite one of the local jewelry businesses we work with to come and display their things. There is never any obligation for guests to buy anything, but after a great foot soak and massage it's fun to try on necklaces and bracelets with your friends."

Picture yourself and your favorite group of women getting



Sondra Freundlich-Hall with her sons Jasper and Nico

together for an evening devoted to calming your minds, relaxing and pampering your bodies and soothing your souls. Does it sound irresistible? A guest at one of Come to Your Senses Events, parties put it this way: "Sondra's events allow you to relax without feeling guilty. With the world around us going crazy, it's more important than ever to find that elusive calm space." ❀

Come to Your Senses Events invites you to find out more by visiting www.cometoyoursenses.com; email sondra@cometoyoursenses.com or call (510) 588-1548. Ten percent of each event's proceeds go to a charitable organization serving women and their children.